



Syllabus

Term: 2025/26/2 **Subject name:** Physical Education Games **Subject code:** ENAEDZN0201

Unit (Unit code) (TESTNEV)

Lecturer responsible for the course: CSELKÓ Alexandra

Requirement: Term mark

Classes per week : 0/2/0

Classes per term: 0/26/0

Purpose of education:

The aim of the course is to describe the theoretical background of PE and Folk Games which can be useful for sports programs, training conditions as well. Students learn practical knowledge that they can use in training. They should be able to apply the acquired forms of movement by age groups and using the appropriate methodology indirectly.

Contents:

Week 1 Conditions of the semester.

Week 2 Theoretical of PE Games. Game theories: aesthetic, biological, cultural history, pedagogical-psychological game theories. Definition of PE Games.

Week 3 Types of PE Games. The role of PE Games in childhood.

Week 4 The importance of PE Games in to developing motor skills and cognitive functions in childhood.

Week 5 Methodology of PE Games.

Week 6 Theoretical of the festival type of PE Games (organization, methodology, age groups).

Week 7 Festival type of PE Games in practical.

Week 8 Festival type of PE Games in practical.

Week 9 Alternative tools and PE Games.

Week 10 PE Games in practical (teaching).



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Week 11 PE Games in practical (teaching).

Week 12 Written exam. PE Games in practical (teaching).

Week 13 Written exam. PE Games in practical (teaching).

System of examing and valuation:

Conditions:

1. Visiting the class (max.3 absence are allowed). 25%
2. Plan of Mini Sport Festival (Week 10, written, MS Word document). 25%
3. Practical (Week 10-13: teaching PE Games). 25%
4. Written exam (Week 12-13). 25%

Bibliography:

https://www.coe.int/t/dg4/education/pestalozzi/Source/Documentation/TU/TU_SPORT_Martins.pdf

<https://library.ndsu.edu/ir/bitstream/handle/10365/21595/AlisonPrichardMasters.pdf?sequence=1>

<https://www.thepeproject.com/motivation/index.html>

Bibliography:



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